

Lyme Central Athletics

2023-24 Athletics Sign-up Plan

Sport Sign-Ups

- All athletes must be signed-up for each sports season by a parent/guardian using ParentSquare.
- All athletes are required to have a sports physical. Sports physicals are valid for 1 calendar year.
- Please check with the school nurse to verify physical status.
- Coaches will use Parent Square to communicate with athletes and families when the sign-up window closes.

Sport Offerings

Fall	Winter	Spring
<u>High School</u> (Starts 8/21/23, Sign-up 6/16-8/16) Boys Varsity Soccer (11-12) Girls Varsity Soccer (11-12) Girls JV Soccer (9-10)	<u>High School</u> (Starts 11/13/23, Sign-up 10/10-10/31) Boys Varsity Basketball (11-12) Girls Varsity Basketball (11-12) Boys JV Basketball (9-10) Girls JV Basketball (9-10)**Possibly Varsity Cheer (9-12)	<u>High School</u> (Starts 3/11/24, Sign-up 2/10-3/8) Boys Varsity Baseball (10-12) Girls Varsity Softball (10-12) Co-ed Varsity Golf (9-12)
<u>Middle School -</u> (Starts 9/5/23, Sign-up 6/16-8/30) Boys Modified Soccer (7-9) Girls Modified Soccer (7-8)	<u>Middle School -</u> (Starts 1/8/24, Sign-up 10/10-10/31) Boys Modified Basketball (7-8) Girls Modified Basketball (7-8)	<u>Middle School</u> (Starts 4/1, Sign-up 2/10-3/8) Boys Modified Baseball (7-9) Girls Modified Softball (7-9) Co-ed Modified Golf (7-8)